Group Dynamics [[1]](#footnote-1)

I. Introduction

 What is Group Dynamics?

 What is the place of Group Dynamics in the Bahá’í Community?

 References from Bahá’í Writings on this subject.

 Structure of a group; member roles; definition of terms.

 Conditions for group development.

II. Group begins to function as a group, and to observe and make record of its own functioning

 The setting up of aims and goals

 Differentiate [between them]

 Content: The dynamics of Bahá’í groups

 Observer’s reports

III. Application of group dynamics in Bahá’í group—Group I

 The group-determined program in action

 Member participation

 Observer’s record and report

IV. Application of group dynamics in Bahá’í group—Group II

 Through interaction, increasing participation

 Observer’s record and report

V. Application of group dynamics in Bahá’í group—Group III

 Group program completed

 Observer’s evaluations

 Member evaluations

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 Vol. I, No. 10, March 1953, “Leading Discussion”.

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Quotations from Bahá’í Writings relating to group dynamics

Groups

*God loveth those who work in groups*

*O ye friends of God! Today is the day of union and this age is the age of harmony in the world of existence. “Verily, God loveth those who are working in His path in groups, for they are a solid foundation.” Consider ye that he says “in groups,” united and bound together, supporting one another. “To work,” mentioned in this holy verse, does not mean, in this greatest age, to perform it with swords, spears, shafts and arrows, but rather with sincere intentions, good designs, useful advices, divine moralities, beautiful actions, spiritual qualities, educating the public, guiding the souls of mankind, diffusing spiritual fragrances, explaining divine illustrations, showing convincing proofs and doing charitable deeds. When the holy souls, through the angelic power, will arise to show forth these celestial characteristics, establishing a band of harmony, each of these souls shall be regarded as one thousand persons and the waves of this greatest ocean shall be considered as the army of the hosts of the Supreme Concourse.*[[3]](#footnote-3)

Consultation

*O ye the elected representatives of the people in every land! Take ye counsel together, and let your concern be only for that which profiteth mankind, and bettereth the condition thereof, if ye be of them that scan heedfully.*[[4]](#footnote-4)

*In this day, Assemblies of consultation are of the greatest importance and a vital necessity. Obedience unto them is essential and obligatory. The members thereof must take counsel together in such wise that no occasion for ill-feeling or discord may arise. This can be attained when every member expresseth with absolute freedom his own opinion and setteth forth his argument. Should any one oppose, he must on no account feel hurt for not until matters are fully discussed can the right way be revealed. The shining spark of truth cometh forth only after the clash of differing opinions. If, after discussion, a decision be carried unanimously, well and good; but if, the Lord forbid, differences of opinion should arise, a majority of voices must prevail*.[[5]](#footnote-5)

Let us also bear in mind that the keynote of the Cause of God is not dictatorial authority but humble fellowship, not arbitrary power, but the spirit of frank and loving consultation. Nothing short of the spirit of a true Bahá’í can hope to reconcile the principles of mercy and justice, of freedom and submission, of the sanctity of the right of the individual and of self-surrender, of vigilance, discretion and prudence on the one hand, and fellowship, candor, and courage on the other.[[6]](#footnote-6)

Consultation, frank and unfettered, is the bedrock of this unique order.[[7]](#footnote-7)

Consultation He [Bahá’u’lláh] establishes as one of the fundamental principles of His Faith; describes it as “the lamp of guidance,” as “the bestower of understanding,” and as one of the two “luminaries” of the “heaven of Divine wisdom.”[[8]](#footnote-8)

High aims and pure motives, however laudable in themselves, will surely not suffice if unsupported by measures that are practicable and methods that are sound. Wealth of sentiment, abundance of good-will and effort, will prove of little avail if we should fail to exercise discrimination and restraint and neglect to direct their flow along the most profitable channels. The unfettered freedom of the individual should be tempered with mutual consultation and sacrifice, and the spirit of initiative and enterprise should be reinforced by a deeper realization of the supreme necessity for concerted action and a fuller devotion to the common weal.[[9]](#footnote-9)

*The fifth Ṭaráz*[[10]](#footnote-10) *concerneth the protection and preservation of the stations of God’s servants. One should not ignore the truth of any matter, rather should one give expression to that which is right and true. The people of Bahá should not deny any soul the reward due to him, should treat craftsmen with deference* ….[[11]](#footnote-11)

Individual expression

Let us also remember that at the very root of the Cause lies the principle of the undoubted right of the individual to self-expression, his freedom to declare his conscience and set forth his views. …

Let us also bear in mind that the keynote of the Cause of God is not dictatorial authority but humble fellowship, not arbitrary power, but the spirit of frank and loving consultation.

Nothing short of the spirit of a true Bahá'í can hope to reconcile the principles of mercy and justice, of freedom and submission, of the sanctity of the right of the individual and of self-surrender, of vigilance, discretion and prudence on the one hand, and fellowship, candor, and courage on the other.[[12]](#footnote-12)

Every subject or problem before an Assembly is most efficiently handled when the following process is observed:

*First*, ascertainment and agreement upon the facts;

*Second*, agreement upon the spiritual or administrative principle which is involved;

*Third*, full and frank discussion of the matter, leading up to the offering of a resolution; and

*Fourth*, voting upon the resolution.[[13]](#footnote-13)

Upon each member of the community lies the obligation to make his or her utmost contribution to the consultation, the ideal being a gathering of Bahá’ís inspired with one spirit and concentrating upon the one aim to further the interests of the Faith.[[14]](#footnote-14)

And, when they are called upon to arrive at a certain decision, they should, after dispassionate, anxious and cordial consultation, turn to God in prayer, and with earnestness and conviction and courage record their vote and abide by the voice of the majority, which we are told by our Master to be the voice of truth, never to be challenged, and always to be whole-heartedly enforced.[[15]](#footnote-15)

*When you assemble, you must reflect the lights of the heavenly Kingdom. Let your hearts be as mirrors in which the radiance of the Sun of Reality is visible. Each bosom must be a telegraph station—one terminus of the wire attached to the soul, the other fixed in the Supreme Concourse—so that inspiration may descend from the Kingdom of Abhá and questions of reality be discussed. Then opinions will coincide with truth; day by day there will be progression, and the meetings will become more radiant and spiritual. This attainment is conditioned upon unity and agreement. The more perfect the love and agreement, the more the divine confirmations and assistance of the Blessed Perfection will descend. … In discussions look toward the reality without being self-opinionated. Let no one assert and insist upon his own mere opinion; nay, rather, let each investigate reality with the greatest love and fellowship. Consult upon every matter, and when one presents the point of view of reality itself, that shall be acceptable to all. Then will spiritual unity increase among you, individual illumination will be greater, happiness will be more abundant, and you will draw nearer and nearer to the Kingdom of God.*[[16]](#footnote-16)

Group dynamics

In a democratic group

 The leadership belongs not to the chairman but to the group.

 The group determines what to do and when and how.

 Each member is helped to develop to his greatest possibility.

Greatest handicaps to group growth are

 Dependence upon the chairman or leader.

 Over-active participation of some members.

 Non-participation of some members.

Any group can improve itself

 If it is aware that it needs to improve.

 If it examines itself frankly, to find good and bad features.

 If it adopts the necessary techniques for improvement.

 If it practices these techniques and evaluates the results.

A group can examine itself by asking questions

 How do members behave during group sessions?

 How well do members understand one another?

 What do members think of one another?

 Does the group have clear-cut goals?

 Do the members really feel free to be themselves?

 How much control is exorcised by the leader?

Using an observer as a technique for improvement

What does the observer do? He withdraws from active participation in the group so that he can watch the group in action and take notes on what he sees. Whenever the group requests a report, he talks about some of the things he has observed. Why have an observer? The group is stimulated to think about itself and the way it conducts its affairs. It is believed that a group can learn to control its actions and improve itself. The observer holds up a mirror to the group.

Hints to the observer

You will find it very difficult to take down everything that happens. Therefore, do your observing for a while in a single area of observation, such as participation, atmosphere, or leader role. When you gain an understanding in one area, you are ready to move into another. Gradually you will become able to observe many areas at the same time.

What is done is recorded by the secretary, not by you. Your main job is to reflect back to the group how it was done.

One way to observe is to jot down questions. “Why was that done?” “What could have been done there? Why wasn’t it?” When you give your report, ask these questions, and expect answers.

Reporting back to the group (usually called “feedback”) is as important as the observing itself. Bear in mind that if the group is not ready to hear something you’d better not say it.

Here are some pointers on your first feed backs:

1. You may have noticed some personality clashes, jealousies, hostilities, etc. That’s good observing, but you’d better keep such knowledge to yourself for a while.

2. Do not criticize or attack the group. The group is not used to it and will become defensive and angry at you. That will end your usefulness to the group

3. Introduce many of your comments with something like: “I wondered about …” or “Could it have been done …”

4. Maintain a good relationship with the group. Do no judging. Be supportive.

5. Start with an area of observation that is least personal, such as participation.

Area or observation: atmosphere

 Do the members feel completely free to express themselves?

 What is the evidence?

 What signs are there of: friendliness, unfriendliness, formality, informality?

 What signs of cooperativeness are there? Of competition?

Area of observation: participation

 How lopsided is the participation? Why? Are some too eager? Others not eager enough? To what extent do the too-eager try to pull in the others?

 Are the comments kept to the topic? Brief? Clear? Factual? Emotional?

 Do the members listen to one another? Weigh the value of what is said?

 To whom are remarks usually addressed?

 Were the decisions group decisions? Dictated decisions? Sheep-like decisions?

Area of observation: goals

 How does the group choose its goals?

 To what extent does the group understand what it is trying to do?

 To what extent does the group understand why it is trying to do it?

 Were all equally interested in the goals?

 Was interest maintained or did it lag?

 Was there any evidence of willingness to subordinate personal interests to the common goals?

 How far did the group get?

### Area of observation: interaction within the group

 What are the signs of power structure? Status?

 What are the alliances?

 What other kinds of sub-groups are there? (Wise-crackers, etc.)

 What is the purpose of these sub-groups? How do their members work together? What is the effect on the total group?

 What understanding is there of the needs of other members?

 How well does the group act as a team?

 How does the group act when it faces a serious decision?

 How do the members react to the decisions when made?

Area of observation: leader role

 How aware is the leader of what is in the minds of members?

 How does he influence group decisions? Deliberately?

 What status does the group give him?

 Is he aware of individual needs?

 Dose he become involved emotionally?

 What are the evidences that he is autocratic? Passive? Democratic?

Area of observation: member roles

 Which members seemed most interested in the way the group was performing? What did they do?

 Which members seemed most interested in the specific problem being discussed? What did they do?

 Which members seemed most interested in themselves? How? Attention seekers? Monopolists? Non- participants? Distractors? Hair-splitters? Disruptors? Debunkers?

Using evaluation as a technique for improvement

Many groups use an End-of-meeting suggestion slip, which is filled out by each member and given to the observer. At the following meeting the observer “feeds back” the material according to its usefulness.

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End-of-meeting suggestion slip

What did you think of this meeting? Please be frank. Your comments can contribute a great deal to the success of our meetings.

1. How did you feel about this meeting? (circle one)

 No Good Mediocre All right Good Excellent

2. Did you find yourself wanting to say things during the meeting you did not actually say?

 Never A few times Fairly often Frequently Very frequently

3. Were there any particular reasons why you did not contribute? If so, please list.

4. What were the strong points?

5. What improvements would you suggest?

Group procedures

Each group member:

• Helps decide on specific problems and ways of marking as a group

• Contributes ideas and suggestions related to the problem

• Listens to what other members say and seeks helpful ideas and insights

• Requests clarification when needed

• Observes the group process and makes suggestions

• Assumes various roles as needed

The leader

• Helps group get acquainted

• Helps group establish ground rules

• Reports results of preconference planning for work of group

• Helps group proceed with planning and deciding

• Calls on group to clarify, analyze, and summarize problems and suggested solutions

• Draws out the “timid soul” and keeps the dominant person from monopolizing

• Knows particular contributions which different persons can make

The recorder

• Keeps a record of the main problems, issues, ideas, facts, and decisions as they develop in the discussion

• Summarizes points and reports to group from time to time as needed

The observer

• Gives special attention to group process in respect to:

○ Formation and clarity of goals

○ Degree and kind of participation and interaction

○ Clarity of discussion

○ Effectiveness of leadership

○ Use of resources

○ Progress toward goals

• Helps group decide upon ways of evaluating group process

• Helps group observe and evaluate group process without losing sight of the content of the discussion

• Reports to the group, if asked, regarding observations

How do we secure the best results?

Each person should do his own thinking. Don’t try “to save time” by telling the group the right answer. The leader is not a group instructor but a guide trying to arrange conditions so that each will do creative thinking. Group discussion is not a debating society. We do not argue for the fun of it. The issues are of great importance; wise men disagree in their views; our task is to find more truth than we bring to any group meeting. We are participating in a cooperative quest. Our thinking is creative rather than combative.

Challenge contributions you cannot fully accept. Do not keep your disagreements quiet in the mistaken notion that it is better manners to pretend to agree when you do not. Make inquiry concerning the assumptions involved in the contribution. The “either-or” attitude is on the whole not fruitful. Search rather for new means which enable both sets of values to be pursued without clash. Our concern in cooperative thinking is not simply to choose between two ways we now know, but if possible to find a way to integrating

the value of both, thereby creating an improved solution. However, avoid smoothing over differences. Differences should be probed with questions to make them clear and sharp.

Do not pass any important matter that is not clear to you. Sometimes individuals hear unfamiliar terms and assume that everyone else must understand; hence they fear it would be humiliating to ask for explanations or illustrations. This is untrue. Have you not often been glad when someone else asked for clarification on a point on which you had been none too clear? Others may profit too, but you are in the group to learn, and you must not hesitate to ask.

Use special care to be fair to positions represented by a minority or not represented at all in the group. If you are aware of a position not being adequately represented, present it as its adherents would like to hear it stated, then explain your disagreements.

Be on the lookout for different uses of the same word. Call for illustrations whenever this difference becomes confusing. Do not wrangle over a verbal definition. Ask for a “such as”.

Make discriminate use of short periods of silence. When there is some confusion over a diversity of opinion expressed, a minute of silence can do much to help members rise to a clearer perspective of what has been said. In suggesting this pause, the chairman should restate the precise issue under discussion. After the pause the members may be more able to cooperate in detecting the root of the disagreements. This may be in the partial nature of the experience used, or in a difference in the values. Try to keep in mind some ends everyone wants.

When discussion wanders, restate the question and get a new start. Sometimes, if the side-line is especially important, put it up to the group, “Shall we follow this interesting issue that has come up, or shall we return to the plan of discussion originally adopted?”

Utilize available time to beat advantage. For every discussion there is available a limited amount of time. Each individual should help make it possible to utilize the time most effectively. To attempt too much in too short a time fosters a bit of slipshod and superficial thinking.

Do not monopolize the discussion. If you find yourself talking more than other members of the group, train yourself to pass over minor points, and to speak on only a few carefully chosen issues. Make short statements, not speeches.

Stress basic problems and questions. Ask yourself which ideas, experiences, and differences are basic, fundamental, and most worth discussing.

Summarize (1) whenever a major point is finished before going on to the next point; (2) whenever the discussion has been fairly long, drawn out, or confused; (3) shortly before the close of the period. Try to use the words of members of the group, rather than your translation.

The important thing is interaction. Discussion should not be directed toward the leader. No two members of the group should get into a discussion “with each other”.

Trust the group. There is no person in it who is not superior to the others in at least one respect. The experience of all is richer than the experience of any one. The group as a whole can see further and more truly than its best member. Remember that every member of the group is an individual just as you are.

Material selected from Program of National Convention of Association for Supervision and Curriculum Development, National Education Association.

Observer’s sheet

Area of observation: atmosphere

 Are the members free to express themselves?

 Are the members friendly, unfriendly, formal, informal?

 Are the members relaxed? Under tension?

 Do some members possess special prestige? With what results?

 Are there alliances within the group?

 Does the group work as a team or are there factions?

Area of observation: participation

 Is the participation lopsided?

 Are the comments on the beam? Brief? Clear? Factual? Emotional?

 Do the members listen to one another? Try to pull in the quiet ones?

 Were decisions group decisions? Dictated? Sheep like?

Area of observation: goals

 Does the group choose it goals?

 Does the group proceed logically toward its goals? Go off on tangents?

 Distribute time carefully?

 Did interest lag?

 Did members subordinate their personal interests to the common goals?

Area of observation: leader role

 How much influence does he have? How does he get it?

 Does he become involved emotionally?

 How does he help the group reach decisions?

 In what ways is he autocratic? Passive? Democratic?

Note to observer

Do not criticize or attack the group. Do not become personal. Maintain a good relationship. Be supportive.

Content observation form

A. Atmosphere

 Formal or informal

 Competitive or cooperative

 Antagonistic or friendly

 Hiding or sharing personal feelings
 Faster slow-moving

B. Motivation and unity

 Interest level high or low or fluctuating

 Group working together or in splits or as sub-groups

C. Progress and productivity

 Detours, blockings, consensus achieved regarding decisions.

 How goals set up and how clearly stated

 Mutual understandings or misunderstandings.

D. Leadership-membership

 How many contributed

 How many leadership roles assumed and how these roles were distributed among members

 How many talked too much

 How many contributed not at all

 How many needed to be urged to contribute

 Was there effort made to see that all contributed

 Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Observation of group discussion

Topic: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Steps taken in the discussion:

Contributions of members:

 Was the participation general or lopsided?

 How did each member serve the group?

Contribution of leader: How did leader serve the group?

Atmosphere: (circle one)

1. Formal Informal

2. Permissive Inhibited

3. Cooperative Inhibited

4. Friendly Hostile

Other comments:

Ways in which members of a group may act

|  |  |
| --- | --- |
| **Promote group action by** |  |
| 1. enriching and organizing group thinking a) initiating, proposing b) clarifying, defining c) elaborating d) integrating2. improving analysis of problem a) fact seeking b) questioning c) giving information3. Increasing group solidarity and progress a) encouraging b) accepting c) mediating d) self-disciplining e) being group’s conscience |  |
| **Retard group action by** |  |
| 1. distracting, (nuisance types)2. self-assertion3. dominating4. blocking5. passive aggression6. active aggression |  |

Process observation form

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| Encourages, helpsRewards,Compliments | Jokes, laughs,Relaxes,Shows satisfaction | Agrees, accepts, concursUnderstands,Complies | Gives suggestionsOffers assistanceDefines position | Gives opinion, evaluationGives analysis, expressesfeeling, expresses wish | Gives informationRepeatsClassifies, confirms | Asks for informationAsks for repetitionsAsks for confirmation | Asks for opinion, analysisAsks for evaluationAsks for expression of feeling | Asks for suggestionsAsks for assistanceAsks for position | Disagrees,Rejects,Withholds help | Shows dissatisfactionShows disapprovalShows annoyance | Shows antagonismShows self-defenceDiscourages, deflates others | Totals |
| 1. | 2. | 3. | 4. | 5. | 6. | 7. | 8. | 9. | 10. | 11. | 12. |  |

1. This document is from the Emma Maxie Jones Collection, https://bahai-library.com/emma\_maxwell\_jones\_collection , prepared by E. Jones, M. Thomas, and J. Winters (2021-2022). [↑](#footnote-ref-1)
2. Adult Education Association of the United States of America, Washington. [↑](#footnote-ref-2)
3. ‘Abdu’l-Bahá in *Bahá’í World Faith*, p. 401. [↑](#footnote-ref-3)
4. Bahá’u’lláh, *Gleanings from the Writings of Bahá’u’lláh*, p. 254. [↑](#footnote-ref-4)
5. ‘Abdu’l-Bahá in, *Principles of Bahá’í Administration*, p. 42; & *Bahá’í Administration*, pp. 21–2. [↑](#footnote-ref-5)
6. Shoghi Effendi, 23 February 1924, letter to the Bahá’ís of America in *Bahá’í Administration*, pp. 63–4. [↑](#footnote-ref-6)
7. Shoghi Effendi, 18 November 1933, postscript to a letter to the Bahá’ís of America in *Principles of Bahá’í Administration*, p. 71. [↑](#footnote-ref-7)
8. Shoghi Effendi, *God Passes By*, p. 218. [↑](#footnote-ref-8)
9. Shoghi Effendi, *Bahá’í Administration*, p. 87. [↑](#footnote-ref-9)
10. Adornment or ornamentation. [↑](#footnote-ref-10)
11. Bahá’u’lláh, *Tablets of Bahá’u’lláh*, p. 38. [↑](#footnote-ref-11)
12. Shoghi Effendi, *Bahá’í Administration*, pp. 63–4. [↑](#footnote-ref-12)
13. *Bahá’í Community*, p. 12. [↑](#footnote-ref-13)
14. idem. p. 19. [↑](#footnote-ref-14)
15. Shoghi Effendi, *Bahá’í Administration*, p. 64. [↑](#footnote-ref-15)
16. ‘Abdu’l-Bahá, *The Promulgation of Universal Peace*, p. 183. [↑](#footnote-ref-16)